

Urban Yogi Presents

In association with International Institute for Indian Spiritual
Studies & Terra Mantra Association

SOUL REALIZATION THROUGH SELF REALIZATION - I

Online

**OCT 30 – NOV 20
EVERY THURSDAY
395 CHF**

Self-realization is the journey of discovering your true self beyond the physical body, thoughts, and emotions

**EARLY BIRD UNTIL
01.10 : 300 CHF**

**7:00 PM –
10:00 PM CET**

Dr. Acharya Joy Joseph



WHAT YOU WILL LEARN

- Experience deeper levels of consciousness.
- Guru meditation to tune into higher dimensions
- In depth study of your Spiritual Self
- Understand the gates of Prana
- The Role of Spirituality in Healing
- To enhance healing abilities using prana (life force energy).

JOIN NOW

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<https://www.urbanyogi.ch/self-realization-course>